

	MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	
08:30						08:30
09:00						09:00
09:30						09:30
10:00	Work Art *	Work Art *	Work Art *	Work Art *	Work Art *	10:00
10:30	Achtsamkeit					10:30
11:00	Wolle & Farbe *	Gewaltfreie Kommunikation	Malzeit *	Come Together	Work Art *	11:00
11:30	Work Office	Mentales Fitness Training <sup>2</sup>	Kochen *	Mentales Fitness Training	Kochen *	11:30
12:00		Work Office		Soziales Kompetenztraining	Work Office	12:00
12:30						12:30
13:00						13:00
13:30		NEU				13:30
14:00			Ab 11.10.			14:00
14:30		Spieles Miteinander	NEU			14:30
15:00	Work Art *	Work Art *		Work Art *		15:00
15:30						15:30
16:00	Klangreisen					16:00
16:30						16:30
17:00	Work Art *	Ab 24.10.	Yoga *	Work Office	Ausdrucksmalen	17:00
17:30	Groove & Move *	Body & Soul	After Work *	Ab 19.10.		17:30
18:00		Arbeit & Psyche		Yoga <sup>2</sup> *		18:00
18:30				NEU		18:30
19:00						19:00
19:30						19:30