

	MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	
08:30						08:30
09:00					Neu	09:00
09:30						09:30
10:00	Work Art *	Work Art *	Work Art *	Work Art *	Work Art *	10:00
10:30	Achtsamkeit	Mentales Fitness Training ²	Achtsamkeit	Mentales Fitness Training	Come Together	10:30
11:00	Work Office	Kommunikation	Work Office	Work Office	Body & Soul	11:00
11:30						11:30
12:00			MalZeit *			12:00
12:30			Work Art *			12:30
13:00					Ab 15.03.	13:00
13:30			Work Art *			13:30
14:00	Neu	Spierliches Miteinander			Nähgruppe	14:00
14:30	MalZeit *				Mantra singen	14:30
15:00				Work Art *		15:00
15:30				Work Office		15:30
16:00	Work Art *					16:00
16:30	Klangreisen					16:30
17:00	Ab 25.03.					17:00
17:30	Work Art *	Body & Soul			Körper Atem Geist ^{2*}	17:30
18:00	Groove & Move *	Arbeit & Psyche				18:00
18:30		Ab 02.04.				18:30
19:00						19:00
19:30						19:30